

Sports Clubs Training 2011-2012

Club	2011-2012	Venue	Website
Aikido	Tue 8-9.30pm & Sat 12-2pm	Handball Court	
Archery	Wed 4-6pm (MH), Thurs 6-10pm (G), Fri 4-7pm (MH)	Main Hall/Gallery	Facebook - DCUAC Archery Club
Athletics	Mon 5pm circuits, Tue & Thurs 5-7pm & Wed 1pm	Sports Grounds	Facebook - DCU Athletics
Badminton	Mon 6-8pm (2cts), Wed 2-4pm (2cts) & Thurs 8-10pm (1ct)	Main Hall	Facebook - DCU Badminton
Basketball (M)	Tue 5-8pm & Thurs 5-7pm	Main Hall	
Basketball (W)	Tue & Thurs 6-8pm & Wed 4-5pm	Main Hall	
Boxing	Tue 4-5pm & 9-10pm & Thurs 4-5pm	Minor Hall	Facebook - DCU Amateur Boxing Club
Camoige	Mon 9-10pm & Wed 5-6pm (7-a-side) & Wed 2-3pm (Sports Grounds)	Sports Grounds & 7-a-side pitch	Facebook - DCU Camoige Club
Canoe	Wed 7-9pm	St Josephs Pool, Navan Road	Facebook - DCU Canoe Club
Caving	Wed 5-7pm	Climbing Wall	Facebook - DCU Caving Club
Cricket	Tue 5-6pm & Wed 4-6pm (MH S1+Astro S2)	Main Hall/5-a-Side Pitch	
Cycling	Wed 8-10pm	Viewing Gallery	Facebook - DCU Cycling Club
Equestrian	Contact Club	Kilronan Equestrian Centre	Facebook: DCU Equestrian Club
Fencing	Mon 8-10pm (G), Wed 6-8pm (main) & Sun 10am-1pm (minor)	Main+Minor Hall/Viewing Gallery	www.redbrick.dcu.ie/~fencing/
GAA (men)	Mon 6-7pm, Tue 7-9am, Wed 1-3pm, Thurs 7-8am & 6-7pm & Fri 7-8am	7-a-side pitch	www.dcu.gaa.com or Facebook: DCU GAA
GAA (women)	Mon 8-9pm, Wed 6-8pm, Wed 9-10pm (Beginners) & Fri 8-9am	7-a-side pitch	www.dcu.gaa.com or Facebook: DCU Ladies GAA
Golf	Contact Club		Facebook - DCU Golf Club
Gym & Tramp	Mon, Thurs, Fri 8-10pm (main) & Wed 1-3pm (minor)	Minor Hall	www.dcutrampclub.com
Handball	Mon 8-10pm, Tue 6-8pm & Wed 5-7pm	Handball Court	Facebook - DCU Handball
Hockey	Mon 8.30-9.30pm & Wed 4-6pm	Sports Grounds	Facebook - DCU Hockey
Hurling	Mon 7-9am & 5-6pm, Wed 7-9am & Thurs 8-9am	7-a-side pitch	www.dcu.gaa.com or Facebook: DCU Hurling Club
Judo	Mon 6.30-8pm, Wed 7-8.30pm	Minor Hall	Facebook - DCU Judo Club
Karate	Mon & Thurs 7-8pm & Sat 11am-12pm	Handball Court	Facebook: DCU Karate Club
Kenpo	Tue 8-9pm (minor) & Wed 3.30-5.00pm (squash)	Minor Hall/Squash Court	
Mixed Martial Arts	Mon 6-7pm & Wed 8-10pm	Handball Court	Facebook: DCU Mixed Martial Arts
Martial Arts	Mon 5-6pm, Tue 6-8pm Thurs 6-7pm	Handball Court	
Olympic Handball	Tue 7-8pm & Thurs 6-7pm	Main Hall	Facebook: DCU Olympic Handball Club
Rock Climbing	Tue & Thurs 5-8pm	Climbing Wall	www.redbrick.dcu.ie/~climbing/ / Facebook: DCU Rock Climbing Club

Rugby (M)	Mon 6.30-8pm, Wed 2-4pm & Thurs 5-6pm (7-a-side, beginners)	Sports Grounds & 7-a-side pitch	www.dcurugby.com or Facebook: DCU Force Rugby
Rugby (W)	Tue 8-9pm & Thurs 5-6pm	Sports Grounds & 7-a-side pitch	
Surf 'n Sail	Contact Club	SUTTON	Facebook: DCU Surf 'n Sail
Soccer (M)	(astro)	Sports Grounds	http://www.dcusoccer.ie of Facebook: DCU Men's Soccer Club
Soccer (W)	Tue 5-6pm & Thurs 7-8pm	7-a-side pitch	
Squash	Mon 6-8pm, Wed 5-7pm & Thurs 7-10pm	Squash Courts	Facebook: DCU Squash Club
Sub Aqua	Mon 8-9pm (Coolock) & Thurs 8-9pm (DCU)	Coolock & DCU Pool	Facebook: DCU Sub-Aqua Club
Swimming	Tue & Thurs 8-9.30am, Wed 2-3pm & Fri 2-3.30pm	DCU Pool	Facebook: DCU Swimming & Waterpolo Club
Waterpolo	Mon 9-10pm	St Vincents Pool	Facebook: DCU Swimming & Waterpolo Club
Table Tennis	Mon & Wed 6-8pm	Viewing Gallery	Facebook: DCU Table Tennis Club
Tae Kwon Do	Mon 5-6.30pm (minor), Wed 7-8pm (main) & Thurs 5-7pm (squash)	Main/Minor Hall	Facebook: DCU Tae Kwon Do
Tennis	WWW)	Tennis Ireland/Westwood	
Ultimate Frisbee	Thurs & Fri 5-6pm (Main Hall) & Tue 7-8pm (7-a-side)	Main Hall & 7-a-side pitch)	http://www.redbrick.dcu.ie/~ultimate/
Volleyball	Mon 5-7pm & Wed 5-8pm	Main Hall	Facebook: DCU Volleyball
Weightlifting		Contact Club	Facebook: DCU Weightlifting